



Hopi Ear Candling

£95+vat

This wonderful therapy has gained much popularity in recent years as a natural remedie. Ear candling is gentle, non-invasive therapy that is easy to perform and beneficial to recieve. It is soothing and helpful for everyday conditions such as headaches, compacted ear wax, sinus problems, tinnitus, pressure problems and many more. It is also a very relaxing therpay to receive in its own right and helpful for treatment of stress. A full treatment includes ear candling and a specialised massage of the face, scalp, neck and ears and lasts approx 45 minutes.

Pre-requisite: No previous experience required

Course Accreditation: Stepping Stones Accredited certificate

Course Type: Theory & Practical

Examination: 2 case studies & short assessment

Training is for 1 full day of both theory and practical sessions. Plus completion of home study case studies and assessment before qualifcation will be issued.

Training kit available: This is recommended as you will be required to carry out two case studies at home to complete your training.
£35.20 - A selection of ear candles, 100ml Grapeseed oil, 200ml Cleanser and a clear kit bag.

What the course covers:

- History of ear candling
- How the treatment works and benefits
- Contra-indications to treatment
- Anatomy of the ear and sinuses
- Aftercare
- Safe practice
- Practical session x 2

2 Home study case studies will be required on completion the day written assessment

Progression: Full Body Massage, Facial treatments